

#### **APNEL**

### **Association for the Promotion of Naturism in Liberty**

Official Publication Announcement No. 2686 Published: 28/04/2007

#### **Activities:**

Defence of civil rights, civic activities

No. of publication: 2007001

Departement: Essonne (Ile de France)
Declaration in the administrative subdivision

of Palaiseau.

#### Object:

APNEL (Association for the Promotion of Naturism in Liberty) works for the clarification of laws on nudity in all countries of the world with the aim of stopping simple nudity from being equated with sexual exhibitionism.

It considers that to live naked is a fundamental human right which should be inscribed in the Constitution and the appendices of the Charter of the Rights of Man and the Citizen.

#### **Head Office:**

75, rue de la Division-Leclerc, 91160 Saulx-les-Chartreux.

#### **Date of Declaration:**

19 March 2007

Association: FREE EXPRESSION

#### Email:

apnel@free.fr

#### Website:

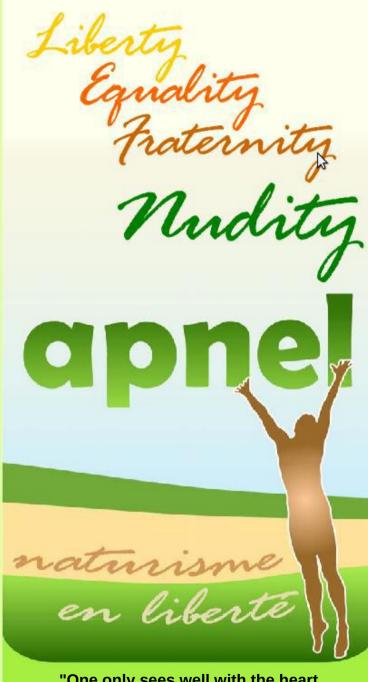
www.apnel.fr

#### Other useful sites:

www.ffn-naturisme.com www.vivrenu.com fr.groups.yahoo.com/group/rando-nue fr.wikipedia.org/wiki/Randonue

Do not litter





"One only sees well with the heart Important things are invisible to the eye."

> "Le Petit Prince" Antoine de Saint-Exupéry

#### **Request for Membership – Donation**

Family Name* First Name* Date of Birth* Adress*	
Post Code* Telephone	City/Country*
	@
Web/Blog	http://
☐ for membership☐ Normal subs☐ Reduced su☐ Donation of	
Stick here a recent identity photo	DateSignature

We systematically acknowledge receipt of payments by return of email or telephone.

Please cut off the form and send it, accompanied by the payment and a recent identity photograph, to:

M. Bernard GIBERT, Trésorier de l'association APNEL 55, rue du Clos des Vignes 60580 COYE LA FORÊT (FRANCE)

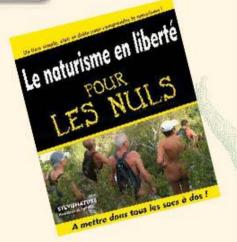
> Website: www.apnel.fr Email : apnel@free.fr



\* Required Information



## Association pour la promotion du naturisme en liberté



1. You shall learn by heart the definition of "naturism in liberty":

"Naturism is a way of living free, happy and in harmony with nature, characterised by the practice of social nudity, whith the aim of encouraging self-respect, respect for others and for the environment" (Definition of the International Naturist Federation, 1974, reviewed and corrected by APNEL in 2007)

2. You shall know, for exemple, how to recite and explain article 222-32 of the French Penal Code: "Sexual exhibition imposed on the sight of others in a place accessible to the view of the public is punishable by one year of imprisonment and of a 15 000 € fine." Simple nudity is evidently no more "sexual" than the wearing of shorts or a skirt.

(http://www.naturismedroit.net)

- 3. To increase the security and enjoyment of your activity, you shall practice it preferably in a group, and if possible in a mixed group, or better, a family group. You are then less likely to be unjustly accused of sexual exhibitionism.
- 4. If you encounter a person hostile to the simple sight of a nude body, you shall use psychology and avoid imposing

# The Ten Commandements of naturism in liberty

your nudity on him. You shall put on your pareo or little skirt and enter into discussion with him. Remember the french fable "The oak and the reed" by La Fontaine.

- **5.** In company with others or in the family, you shall not hesitate to raise the question of nudity.
- 6. While walking outdoors, carry a bag to collect litter dropped by less aware individuals. When you meet people do not hesitate to mention the subject.
- 7. While you are picnicing, place two or three signs like: "Welcome to this (provisionally) naturist venue". And if some textiles pass close by, think of offering a "friendly glass" by way of opening communication.
- 8. You will forcibly remind your detractors that nudophobia is just as absurd as homophobia, racism or mysogeny and thus should be repressed or taken care of by re-education and/or psychotherapy.
- **9.** Be supportive when one of your naked companions is unjustly apprehended.
- 10. The happiness which naturism in liberty brings will give you the strength of your convictions and the serenity and calmness to express them.

Also, in every situation, you will be an enthusiastic ambassador for the complete acceptance of nudity.